



**56<sup>th</sup> SABOT NATIONALS**

**VAUCLUSE AMATEUR**

**12FT. SAILING CLUB**

**SYDNEY JAN 3 – 7 2020**



# The Winning Appliances 56<sup>TH</sup> Sabot National Championships

~ and ~

## THE Shipway Sabot Week

Fri, Jan 3, 2020 - Tue, Jan 7, 2020

The Organising Authority is the  
Vaucluse Amateur 12ft Sailing Club,  
Vaucluse NSW 2030.

In conjunction with the Class Association,  
the Australian National Sabot Council and  
the Southern NSW Sabot Sailing Association

## **SAILING INSTRUCTIONS**



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# SAILING INSTRUCTIONS

*[DP] denotes a rule for which the penalty is at the discretion of the Protest Committee. This changes RRS 64.1*

*[SP] denotes a rule for which a standard penalty will be applied by the race committee without a hearing. This changes RRS 63.1 and A5.*

*[NP] denotes a rule which shall not be grounds for protest by a boat. This changes RRS 60.1(a).*

## **1 RULES**

- 1.1 The regatta will be governed by the Rules as defined in The Racing Rules of Sailing (RRS)
- 1.2 The Sabot Class Rules (The Sabot Class Rules include the Constitution, By-Laws, and Rules of Measurement of Sabot Class Dinghies in Australia Revision AC, Issued 31 August 2019) shall apply to all entries.
- 1.3 The Australian Sailing Prescriptions shall apply to all entries.
- 1.4 RRS Appendix P will apply to this regatta with P2.3 deleted and P2.2 is changed so that it shall apply to second and subsequent penalties..
- 1.5 Australian Sailing Special Regulation Part 2 Off the Beach Vessel, will apply. It is the responsibility of all competitors to ensure that life jackets comply with a standard equivalent to those listed in the regulations. [DP] [NP]
- 1.6 Sabots competing in the Championship shall display their correct State/ Zone letter/ symbol on their mainsail. [NP] [DP]
- 1.7 Each Sabot entered in the 2-UP Division in either the Championship or Sabot Week shall display on the outside of the transom the numeral 2 (at least 50mm high). [NP] [DP]
- 1.8 Racing rules will be changed as follows:
  - 1.8.1 When flag AP is flown ashore, the warning signal will be made no earlier than 30 minutes after its removal (amends Race Signals),
  - 1.8.2 61.1(a)2 is deleted. Attention is drawn to the requirements of a hail and a red flag in accordance with 61.1 (a)
  - 1.8.3 A boat that does not sign on shall be scored DNC for the first race of the day without a hearing (amends RRS63.1 and A5), [NP] [DP]
  - 1.8.4 A boat that does not sign off shall be scored DNF for the last race of the day without a hearing (amends RRS63.1 and A5) [NP] [DP]
- 1.9 Subject to the approval of the Race Committee a boat may declare at the time of entry or registration a sail number which may be different from the registered number of the hull provided that the number declared shall not be the sail number of any other boat competing in the regatta (References RRS 77, Appendix G3). Sails with sail numbers belonging to another boat that have been suffixed with an extra digit will not be accepted. Boats shall display the same declared identification numbers on all sails used. [NP] [DP]

## **2 Notices to Competitors**

- 2.1 Notices to competitors will be posted on the notice board in the Vacluse Amateur 12ft Sailing Club (VA12SC), Club House of the Organising Authority (OA).

## **3 Changes to Sailing Instructions**

- 3.1 Any changes to the sailing instructions (SI's) will be posted at least 60 minutes before the time of the first warning signal of the day for each regatta division (being either Sabot Week or Sabot Nationals), except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

#### 4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed from the VA12SC flag-mast located on the upstairs Balcony of the VA12SC Club House.
- 4.2 When code flag D is displayed ashore boats are not allowed to leave the shore.

#### 5 SCHEDULE

##### WINNING APPLIANCES 56th SABOT NATIONALS and SHIPWAY SABOT WEEK

Day	Date	Event	Time
Friday	3rd Jan 2020	Registration & Measurement	08:00
		Briefings – Coaches/Managers + Competitors + Rescue/ Spectator boats	13:00
		Invitation Race (All competitors)	14:30
		Opening - Welcome Function - BBQ	16:30
Saturday	4th Jan	Team/Zone Managers Meeting	08:30
		Sabot Week Briefing	09:00
		Sabot Week Races	10:00
		Nationals Fleet Briefing	11:30
		Nationals Races	13:30
		Nationals Daily presentation at the conclusion of racing	
Sunday	5th Jan	Member Association Measurers Meeting	17:30
		Team/Zone Managers Meeting	08:30
		Sabot Week Briefing and Presentation	09:00
		Sabot Week Races	10:00
		Nationals Fleet Briefing	11:30
		Nationals Races	13:30
		Nationals Daily presentation at the conclusion of racing	
Monday	6th Jan	ANSC Annual General Meeting	17:00
		Team/Zone Managers Meeting	08:30
		Sabot Week Briefing and Presentation	09:00
		Sabot Week Races	10:00
		Nationals Fleet Briefing	11:30
Tuesday	7th Jan	Nationals Races	13:30
		Nationals Daily presentation at the conclusion of racing	
		Team/Zone Managers Meeting	08:30
		Sabot Week Briefing and Presentation	09:00
		Sabot Week Races	10:00
		Nationals Fleet Briefing	11:30
		Nationals Races	13:30
		Presentation Dinner – Watsons Bay Hotel – Sunset Room	18:00

- 5.1 A total of ten races are scheduled in the National Championship. No warning signal will be made after 15:30 on Tuesday 7th Jan. There will be no more than three races per day for any fleet. (1-UP or 2-UP)
- 5.2 A total of eight races are scheduled in the Shipway Sabot week. No warning signal will be made after 12:30 on Tuesday 7th Jan. There will be no more than two races per day for any fleet. (1-UP or 2-UP)

## 6 CLASS / DIVISION Flags

Class / Division	Flag
Nationals 1-UP Division	White Flag with 1 Sabot Black Clog
Nationals 2-UP Division	Yellow Flag with 2 Sabot Black Clogs
Sabot Week 1-UP Division	White Flag with 1 Sabot Black Clog
Sabot Week 2-UP Division	Yellow Flag with 2 Sabot Black Clogs

## 7 RACING AREA

7.1 The approximate racing area is outlined in Appendix A – Racing Area

## 8 COURSES

8.1 The diagrams in Appendix B – Courses show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 The course to be sailed will be indicated on the committee vessel(s) prior to the warning signal by the following method :

8.2.1 Nationals Divisions - Course 1 – by flying Flag Numeral 1

8.2.2 Nationals Divisions - Course 2 – by flying Flag Numeral 2

8.2.3 Nationals Divisions - Course 3 – by flying Flag Numeral 3

8.2.4 Sabot Week – Course 1 – by displaying a white board with a number "1"

8.2.5 Sabot Week – Course 2 – by displaying a white board with a number "2"

## 9 MARKS

9.1 The Nationals fleet marks will be tall Orange cylindrical marks with black VA12SC lettering.

9.2 The Sabot Week marks will be tall Red and White sided Pyramid shaped marks.

9.3 The Starting mark will be a mark flying a Yellow Flag with a black coloured "12" or a Staff or Mast on a Race Committee vessel displaying a yellow flag with a black coloured "12".

9.4 The mark for a change of course will be either a tall Yellow cylindrical mark, or a tall Red and White sided Pyramid shaped mark.

## 10 AREAS THAT ARE OBSTRUCTIONS

10.1 Sow and Pigs Reef

10.1.1 The Sow and Pigs Reef is situated on the eastern side of the main shipping channel between Middle Head and South Head. It is 150 metres long with cardinal marks and danger marks.

10.2 The moorings on the foreshore of Watsions Bay and Vaucluse Bay.

## 11 THE START

11.1 Races will be started by using RRS 26 with the warning signal made 5 mins before the starting signal. Times shall be taken from the Visual Signals; the absence of a Sound Signal shall be disregarded.

Signal	Visual Signal	Sound Signal	Time in Minutes to Starting Signal
Warning Signal	Display of Division flag	1 Sound	5
Preparatory Signal	Display P or I or U or Black Flag	1 Sound	4
Preparatory Signal withdrawn	Lowering P or I or U or Black Flag,	1 long Sound	1
Starting Signal	Lowering of Division flag	1 Sound	0

11.2 There will be a minimum of 1 minute between the Starting signal for the first division to start and the Warning Signal for the next division.

11.3 The starting line for the Nationals Fleet (1-UP and 2-UP divisions) will be between a staff or mast displaying an Orange Flag on a Race Committee vessel at the starboard end and The Starting Mark (ref SI 9.3.) at the port end.

- 11.4 The starting line for the Sabot Week Fleet (1-UP and 2-UP divisions) will be between a staff or mast displaying the VA12SC Club burgee or an Orange Flag on a Race Committee vessel at the starboard end and The Starting Mark (ref SI 9.3.) at the port end.
- 11.5 Boats whose Warning Signal has not been made shall remain outside the Starting Area and clear of all boats whose Warning Signal has been made.
- 11.6 Boats failing to start within 5 minutes of their Starting Signal will be scored Did Not Start.

## **12 TIME LIMIT**

- 12.1 The Time limit for the Nationals Fleet will be 60 minutes for both Divisions. (Generally, Races will have a target length of 40 mins – for the first finisher).
- 12.2 The Time limit for the Sabot week Fleet will be 50 minutes for both Divisions. (Generally, Races will have a target length of 30 mins – for the first finisher).
- 12.3 Where one or more boats finish within the time limit, subsequent boats will be finished for a further 15 mins from the finishing time of the first boat. (amends RRS 35 and A4) [NP] [DP].
- 12.4 The race committee will advise boats whose time limit has expired that they should return to the starting area (or return to shore following the last race of the day). If finished on course boats are to proceed directly to the Start line in preparation for the next race. (I.e. No need to complete the rest of the course.) This amends RRS 41. Failure to advise a boat that her time limit has expired shall not be grounds for redress. This amends RRS 60.1(b)
- 12.5 Boats finishing after time limit (SI 12.1, SI 12.2 & SI 12.3 ) after 1st boat all score last finisher +1 as a SRS (except those that have retired) and shall have the time recorded of the last finisher (SI 12.3) for handicap results. (amends RRS 35 and A4). [NP] [DP]
- 12.6 Failure to meet a target time shall not be grounds for redress.

## **13 CHANGING THE NEXT LEG OF THE COURSE**

- 13.1 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable.
- 13.2 When in a subsequent change a new mark is replaced, it will be replaced by an original mark as soon as practicable.

## **14 THE FINISH**

The finishing line will be between a staff or mast displaying a VA12SC club burgee or a Blue Flag on a Race Committee vessel at the starboard end and a mark displaying a yellow flag with a black coloured "12" flag at the port end.

## **15 PENALTY SYSTEM AND JURY APPEALS [NP]**

- 15.1 To encourage the taking of penalties afloat, Jury members may blow a whistle when they observe what they believe to be a breach of a rule.

## **16 PROTESTS AND REQUESTS FOR REDRESS**

- 16.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit. SI 16.3
- 16.2 A boat intending to protest another boat or boats shall advise the Race Committee at the end of the race and prior to leaving the race area. [DP] [NP]
- 16.3 For each division, the protest time limit is 60 minutes after the last boat in that division has finished the last race of the day.
- 16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

- 16.5 A list of boats that, under instruction SI 15.1, having been penalised for breaking rule 42 shall be posted on the notice board..
- 16.6 A National Jury has been appointed and approved by Australian Sailing. Decisions of the National Jury will be final and not subject to appeal as provided in RRS 70.5

## **17 ARBITRATION**

- 17.1 Arbitration will be held as per T2 subject to the limitations therein.
- 17.2 The arbitration penalty will be 50% of the difference between the boat's finishing place and the score for DSQ. This alters RRS 44.3(c) and RRS T1(b)
- 17.3 An arbitration hearing shall not be re-opened. No conclusion of an arbitrator shall be subject to appeal or be grounds for redress.
- 17.4 Should the protest proceed to a protest hearing then the arbitrator may be a member of the protest committee. Any evidence given by an arbitrator during a protest hearing shall be given only in the presence of the parties to the hearing

## **18 SCORING**

- 18.1 Three (3) races are required to be completed to constitute a series.
- 18.2 When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores.
- 18.3 When from five (5) to seven (7) races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 18.4 When eight (8) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 18.5 Team scoring. The State/Zone with the lowest aggregate final score of its six highest placed 1-UP division Championship Sabots shall win the Senior Team Trophy. The State/Zone with the lowest aggregate final score of its three highest places 2-UP division Championship Sabots shall win the Junior Team Trophy. Ties will be broken in favour of the team with the highest placed Sabot. Where there are fewer than six 1-UP Division entries or three 2-UP Division entries from a Zone, non-entries will be scored "Did Not Finish" for all races sailed.
- 18.6 Team points will be awarded to State/Zone team members only.

## **19 SAFETY REGULATIONS**

- 19.1 Each skipper is required to sign on/off as instructed by the OA at the VA12SC Club house prior to going on the water each day and again after the race within 60 minutes of the last boat in that division finishing the last race of the day.
- 19.2 A boat that retires from a race shall notify the race committee as soon as possible.

## **20 REPLACEMENT OF CREW OR EQUIPMENT**

- 20.1 Substitution of a helmsperson shall not be allowed.
- 20.2 Substitution of crew will not be allowed unless written approval is given by the Race Committee.
- 20.3 Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.



## **21 EQUIPMENT AND MEASUREMENT CHECKS**

21.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee, equipment inspector or measurer to proceed immediately to a designated area for inspection.

## **22 OFFICIAL VESSELS**

22.1 Official Boats may display a VA12SC Burgee

## **23 SUPPORT BOATS**

23.1 Support boats shall be registered with the OA and display clearly the identification provided by the OA

23.2 Team leaders, coaches, other support personnel and support boats shall stay at least 100 metres away from areas where boats are racing from the time of the warning signal until all boats have finished or the Race Committee signals a postponement, general recall or abandonment.

23.3 Support and rescue boats shall carry a VHF radio tuned to the official radio channel and comply with any instructions from the Race Committee

## **24 RADIO COMMUNICATION**

24.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **25 PRIZES**

25.1 Perpetual Trophies

<b>Regatta/Race</b>	<b>Award</b>	<b>Trophy</b>
Invitation Race	Line Honours 1st – 1-UP	Hilite Marine Trophy
Invitation Race	Line Honours 1st – 2-UP	Westpac Trophy
National Championship	1-UP Champion	Australian Championship Fico Trophy
National Championship	2-UP Champion	J. Armstrong Trophy
National Championship	1-UP Handicap	ANSC Trophy
National Championship	2-UP handicap	ANSC Trophy
National Championship	Team Trophies (senior and junior)	ANSC Trophy
National Championship	Highest placed competitor 12yr or younger	ANSC Trophy
National Championship	Highest placed competitor using a Spark/3.5 sail	ANSC Trophy
Sabot Week	Scratch 1-UP	Phil Stevenson Perpetual Trophy
Sabot Week	Scratch 2-UP	ANSC Perpetual Trophy
Sabot Week	Handicap 1-UP	Allwood Family Perpetual Trophy
Sabot Week	Handicap 2-UP	Allwood Family Perpetual Trophy

- 25.2 Scratch Prizes will be awarded to:  
Nationals Overall 1st – 6th place in both divisions  
Sabot Week Overall 1st – 3rd place in both divisions  
(Subject to minimum entry numbers at the discretion of the OA)  
Handicap Prizes will also be awarded, however Overall Scratch winners will be ineligible for Handicap prizes or trophies  
Extra prizes may be awarded at the discretion of the OA.
- 25.3 The Lionel Shipway Medallion is presented to sailors who have participated in six Australian Sabot Championships and/or Sabot Week Regattas. Recipient's names are to be advised to the host zone secretary together with entries before 1 December 2019.

## **26 DISCLAIMER OF LIABILITY**

- 26.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.
- 26.2 All competitors who sign the entry form, in doing so, have made a declaration to the Organising Authority that the nominated boat will, always while racing, comply with the requirements of Australian Sailing, the Notice of Race and Sailing Instructions.
- 26.3 The organising Authority is not responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.
- 26.4 The person who signs and lodges the entry form with the Organising Authority, acknowledging receipt of the Risk Warning and releasing the Organising Authority from any claim or liability whatsoever for any harm or personal injury suffered by him, or by any person claiming through him, in any event conducted by the Organising Authority.
- 26.5 All those taking part in these races do so at their own risk and responsibility. Specific attention is drawn to RRS 4 which states; "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone". Vauclose 12ft Amateur Sailing Club, the Sabot Class Associations, Race Committee and other race officials are not responsible for any damage or injury either afloat or ashore prior to, during or after the event.
- 26.6 The Organising authority and any other party involved in the Organisation of the Regatta will to the extent permitted by law, accept no liability whatsoever for any injury, damage, loss, or claim, whether personal or material, incurred or inflicted to participants before, during or after the Regatta.

## **27 RISK WARNING**

- 27.1 Participants are warned that, regardless of the precautions, which might be taken by reasonable and experienced persons, sailing can be a dangerous pursuit and participants are exposed to significant risk of property damage, physical harm and possibly death.
- 27.2 As an indication, these risks may include, but are not limited to:
- The extremes of weather and sea conditions. The potential that control of vessels may be lost, resulting in collision with objects and other vessels.
  - The sudden movement of the vessel at any time and the possibility that participants may fall or be thrown overboard, resulting in drowning.
  - The possibility that participants may be injured by equipment on the vessel.
  - The absence of immediate medical care and the likelihood that significant delays may occur before medical care is available.
  - Exposure to the elements for extended periods.
- Vauclose Amateur 12ft Sailing Club, Southern NSW Sabot Sailing Association, and NSW Roads and Maritime Services also warn participants that regardless of their best intentions, they may be unable to render assistance to participants who are in distress. Participants are warned to consider the above risks and all other risks before deciding to participate in the Regatta.

## 28 INSURANCE

28.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of AUD10,000,000 per incident. The OA may request a copy of the Certificate of Currency including at registration

## 29 HARBOUR SAFETY - Ship & Ferry Activated Exclusion Zone

29.1 Competitors shall comply with the Navigation Collision Regulations of NSW. These regulations permit ferries flying the orange diamond priority over sail.

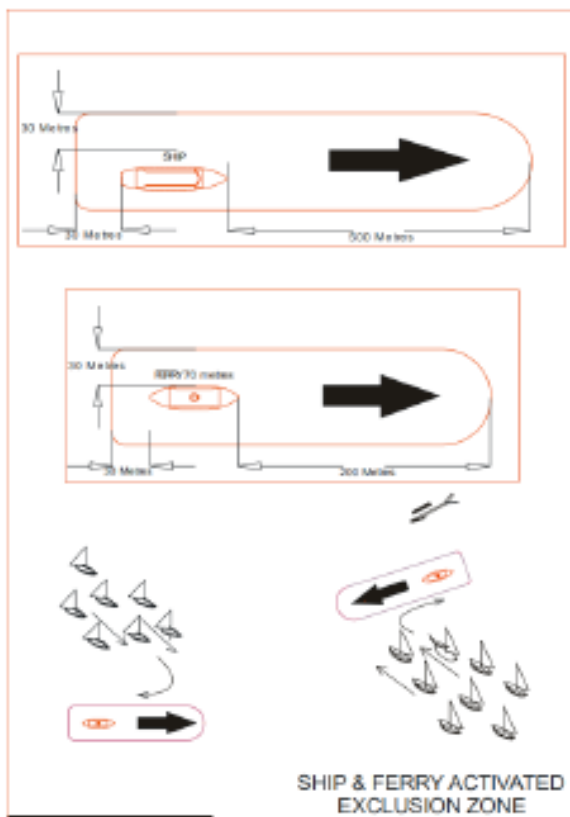
29.2 Competitors shall not interfere with inbound or outbound shipping.

29.3 To comply with Instructions 29.1 and 29.2, competitors shall keep 200m clear ahead and 30m from the sides and stern of ferries and naval shipping navigating the port, and 500m clear ahead and 30 m from the sides of commercial shipping. A RMS Maritime or Sydney Harbour Ports vessel may escort a vessel from a position ahead of the vessel. Refer to Diagram A illustrating this exclusion.

29.4 Competitors shall not loiter in the Eastern or Western navigation channels, the regular ferry lanes, nor near heavy traffic areas such as Steele Point, Chowder Head and Georges Head whilst not racing.

29.5 Competitors shall not approach within 50 metres of Naval property, such as Chowder Bay wharf.

Diagram A



## RMS Maritime - Yacht Person's Brief

1. Be Safe!
2. Observe Collision Regulations and in particular Rule 1 (b) and Rule 2(a)(b) i.e.: Nothing in these Rules shall exonerate any vessel, or the owner, master or crew thereof, from the consequences of any neglect to comply with these Rules or of the neglect of any precaution which may be required by the ordinary practice of seamen, or by the special circumstances of the case. In complying with these Rules due regard shall be had to all dangers of navigation and collision and to any special circumstances, including the limitations of the vessels involved, which may make a departure from these Rules necessary to avoid immediate danger. What this means is that if you're about to be involved in a collision, having stood on or given way in accordance with the Rule; every party involved is responsible in taking avoiding action to prevent a collision.
3. Local Rules require sail craft to keep out of the way of ferries displaying the orange diamond. When necessary (after hearing 5 Short blasts) give priority to the Ferry. Pass the ferry clear at least 200m ahead and 30 m either side and astern.
4. Be mindful of larger ships' bow flare. When closing any vessel, to prevent being overrun, ensure that you remain within sight of the officer of the watch on the vessel's bridge. Beware of overhanging bows and other parts of ship that might obstruct this line of sight. This means that your vessel may disappear from sight inside 200-400 m from the bows of very large ships.

5. For coaches – You must not lay buoys in the main shipping channels. Your vessel should be registered otherwise if involved in an accident you may not be covered by insurance and there could be severe penalties arising under NSW Law.
6. Shipping Sound Signal Meanings: One short blast – I am altering course to starboard (right). Two short blasts – I am altering course to port (left). Three short blasts – I am operating engines astern (stopping). Five (or more) short blasts - I'm unsure of your intentions and I doubt whether you are taking enough avoiding action to avoid collision.
7. When not racing keep at least 200 m clear of any ferries displaying the Orange Diamond.

**30 Further Information please contact:**

**VA12SC Regatta Director**  
 Kate O'Loughlin  
 Kate@wattlesong.com.au

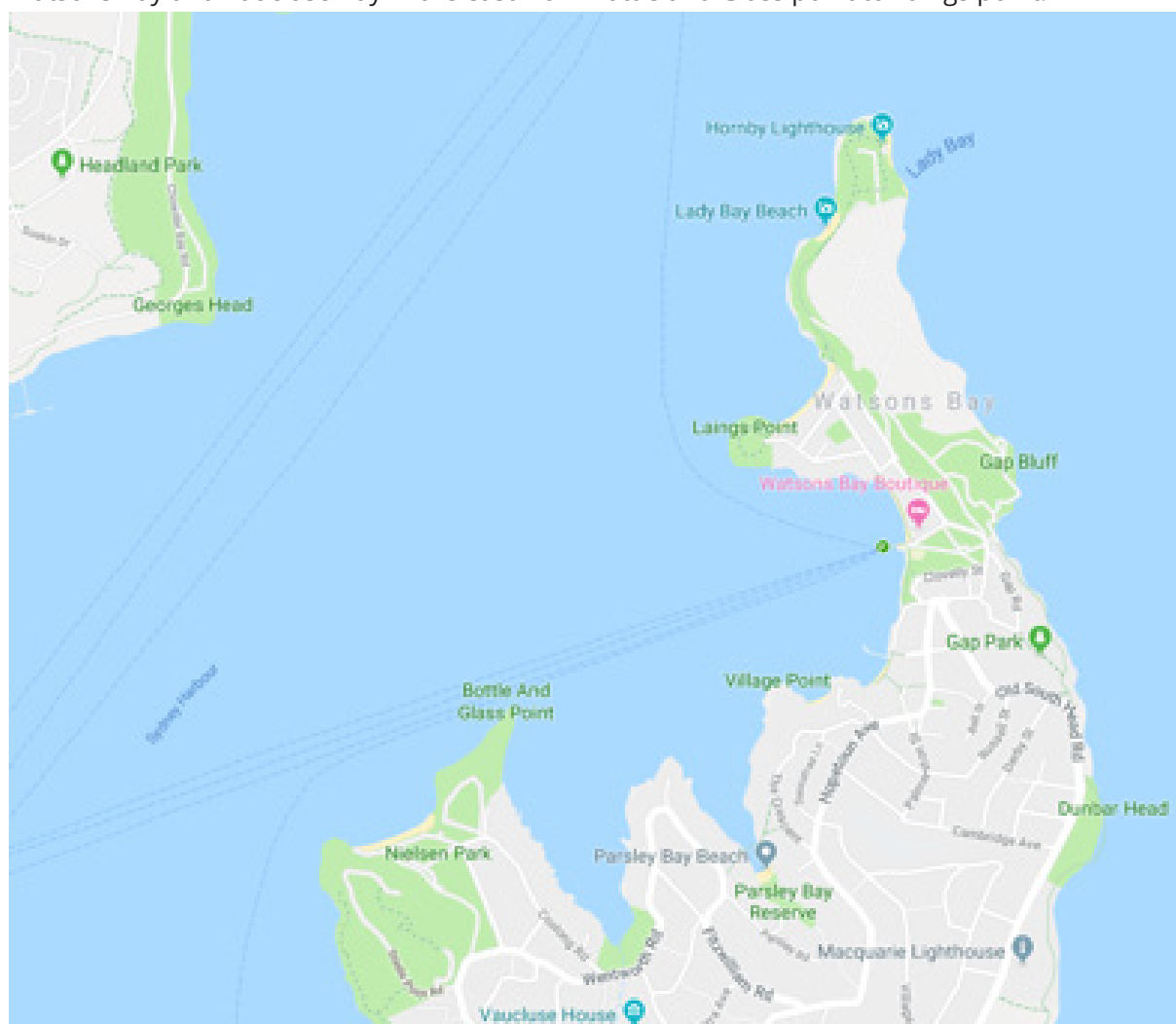
**VA12SC Cub Captain**  
 David O'Loughlin  
 David@wattlesong.com.au

**Appendix A**

The Course area is outlined below.

The Nationals Fleet course area will be in the vicinity of the area bounded by the Eastern side of the Western main harbour channel from Nielson Park to Laings Point on the east to Georges Head on the west and includes Watsons Bay.

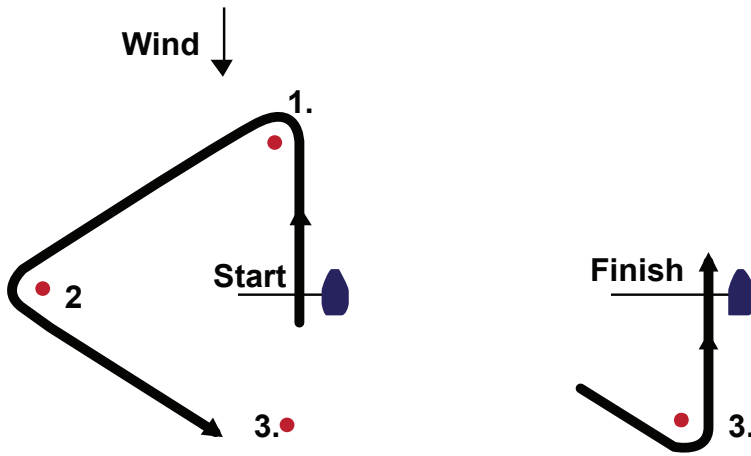
The Sabot Week course area will be in closer proximity to the VA12SC Club house covering Watsons Bay and Vacluse Bay in the east from Bottle and Glass point to Laings point.



**Appendix B**

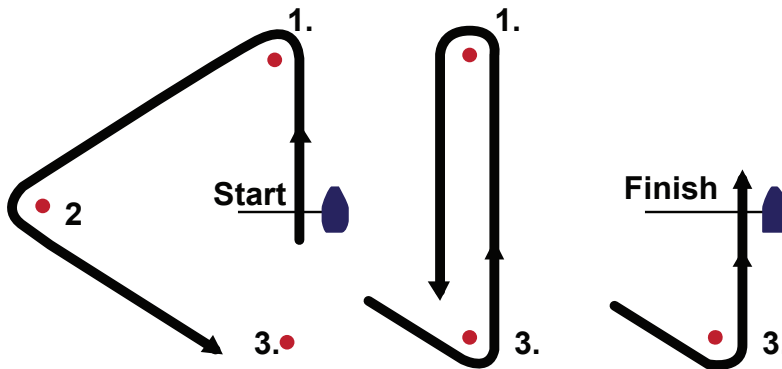
**Course One**

Start, 1, 2, 3, Finish



**Course Two**

Start, 1, 2, 3, 1, 3, Finish



**Course Three**

Start, 1, 2, 3, 1, 3, 1, 2, 3 Finish

